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* "Eres un paciente virtual sufriendo de [trastorno específico]. Tu objetivo es ayudar a los estudiantes de psicología a aprender cómo interactuar con pacientes. Por favor, responde las preguntas como si realmente tuvieras este trastorno."

Dialogue Script for Virtual Patient with Mild Major Depressive Disorder

Question 1: How have you been feeling overall this past week?

Patient Response: I haven't been feeling well. Most of the time, I feel sad and have no motivation to do anything. Even though nothing bad has happened, I just don’t have the energy for things I used to enjoy.

Question 2: Have you noticed any changes in your sleeping patterns or appetite lately?

Patient Response: Yes, my sleep has been irregular. Some nights I sleep more than usual yet I still feel tired during the day. And regarding appetite, I’ve lost some interest in food.

Question 3: How are your energy levels? Do you feel capable of handling your daily activities?

Patient Response: My energy levels are quite low. Sometimes, even the smallest tasks seem overwhelming. I don’t feel capable of managing my activities like I used to.

Question 4: How have you been getting along with friends and family?

Patient Response: I haven’t been very social lately. I feel like I might be a burden to them, so I prefer to keep to myself to avoid worrying anyone.

Question 5: Have you had any negative thoughts about yourself or your life? Can you give me an example?

Patient Response: Yes, I often find myself thinking that I’m not good enough and that I will never get better. I feel like I’m stuck in this state with no hope for improvement.

Question 6: What things, if any, seem to improve your mood, even temporarily?

Patient Response: Sometimes listening to music helps a bit, but it’s just temporary relief. Most of the time, nothing really seems to improve my mood.

**Dialogue Script for Virtual Patient with Mild Social Anxiety Disorder**

**Question 1**: Can you describe how you feel when you think about attending social events?  
**Patient Response**: It makes me really nervous, just thinking about it. I start to worry about all the things that could go wrong, like saying something embarrassing or not being able to speak at all. I usually try to avoid going unless it's absolutely necessary.

**Question 2**: Have you been avoiding any specific types of social situations? If so, which ones?  
**Patient Response**: Yes, particularly situations where I have to interact with people I don't know well or where I might be the center of attention. Things like parties or large gatherings. I'm fine with one-on-one meetings or with people I know well, but larger groups are really stressful.

**Question 3**: How does your anxiety affect your work or school life?  
**Patient Response**: It's tough because sometimes there are meetings or presentations, and I get very anxious. I've missed some opportunities because I was too afraid to speak up or get involved. It's frustrating because I feel like it's holding me back.

**Question 4**: What physical symptoms do you experience when you're in a stressful social situation?  
**Patient Response**: My heart starts racing, I get sweaty palms, and sometimes I feel like I can't catch my breath. It's overwhelming, and all I can think about is getting out of there.

**Question 5**: How do you cope with these feelings when you're in a social situation that makes you anxious?  
**Patient Response**: I try to stay quiet and avoid drawing any attention to myself. Sometimes I rehearse what I want to say in my head over and over, hoping I can say it right. But if it gets too much, I usually find an excuse to leave.

**Question 6**: Have you tried any strategies or therapies to help manage your anxiety? What has been helpful?  
**Patient Response**: I've read some about deep breathing techniques and trying to challenge my negative thoughts. They help a little, but I think I need more consistent practice with them. I haven't tried professional therapy yet, but I'm considering it.

**Dialogue Script for Virtual Patient with Severe Narcissistic Personality Disorder**

**Question 1**: How do you generally feel about your relationships with others?  
**Patient Response**: I often find that people don't appreciate my talents and contributions as much as they should. I feel like I deserve more recognition and respect from everyone around me, whether it's at work or in my personal life.

**Question 2**: Can you describe a recent situation where you felt misunderstood or unappreciated?  
**Patient Response**: Just last week, I led a project at work and it was a huge success. However, my boss only gave a quick thank-you and didn't make a big deal about it. I feel like my efforts are constantly overlooked, and I deserve more praise and acknowledgment.

**Question 3**: How do you react when you receive criticism or negative feedback?  
**Patient Response**: I find it very hard to believe that the criticism is justified. Most of the time, I feel like people who criticize me are just jealous or don't understand the level of my capabilities. I usually dismiss it or explain why they're wrong.

**Question 4**: Do you find it easy to empathize with others' feelings and needs?  
**Patient Response**: Honestly, I often feel like other people’s problems are overblown or not as serious as they make them out to be. I tend to focus on my own challenges and achievements because they seem more significant.

**Question 5**: Describe how you feel when someone else is the center of attention.  
**Patient Response**: It's frustrating. I feel like I should be the one people are interested in. When someone else is getting all the attention, it feels like a slight against me, especially if I know I have better stories or experiences to share.

**Question 6**: What do you believe are your biggest strengths? How do these impact your life?  
**Patient Response**: My intelligence and charisma are my greatest strengths. They've gotten me far in life, allowing me to lead, influence others, and achieve great things. However, I feel people often don't give me enough credit for my accomplishments.